



Syllabus

CDC 200 Addiction Counseling

General Information

Date

October 3rd, 2018

Author

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Department

Social Science

Course Prefix

CDC

Course Number

200

Course Title

Addiction Counseling

Course Information

Credit Hours

3

Lecture Contact Hours

3

Lab Contact Hours

0

Other Contact Hours

0

Catalog Description

This course focuses on the knowledge and skills needed to begin a career in Chemical Dependency Counseling. Students will learn the practical skills of completing a full biopsychosocial evaluation, including making a diagnosis using the DSM, and writing an evaluation summary. Topics will also include interviewing skills, treatment planning, referrals, communication, listening and feedback skills, how groups work, the impact of culture on treatment and how to assess spiritual issues. Students will be introduced to counseling theories and their relationship to treating addictions. A minimum of ten hours of role play are used in this course for learning interviewing and group skills.

Key Assessment

This course does not contain a Key Assessment for any programs

Prerequisites

CDC 103

Co-requisites

None

Grading Scheme

Letter

First Year Experience/Capstone Designation

This course **DOES NOT** satisfy the outcomes applicable for status as a FYE or Capstone.

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

None

FLCC Values

Institutional Learning Outcomes Addressed by the Course

Inquiry

Perseverance

Interconnectedness

Course Learning Outcomes

Course Learning Outcomes

1. Conduct a biopsychosocial evaluation in a simulated clinical setting.
2. Describe client engagement and the counselor's role in the process.
3. Explain the foundational concepts of the group process.
4. Utilize techniques to prevent their own belief systems from impacting interactions with clients.

Outline of Topics Covered

Biopsychosocial

- Biopsychosocial model
- Assessment instruments
- Evaluation process

- Interview techniques
- Gathering information
- Making a diagnosis
- Treatment recommendations
- Treatment planning
- Treatment process
- Referrals

Groups

- Types of groups used in SUD treatment
- Group skills
- Micro-skills
- Facilitating a treatment group
- Managing difficult clients in the group setting
- Termination process
- Stages of Change
- Medication Assisted Treatment

Communication

- Therapeutic communication

Culture

- Impact on substance use disorders
- Cultural formation using the DSM 5 format

Spirituality

- As a support for recovery
- Talking to clients about spirituality
- Spirituality vs. Religion