



## Syllabus

### HPE 108 Badminton

#### General Information

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**Date**

May 24th, 2018

**Author**

Eric Marsh

**Department**

Physical Education and Integrated Health Care

**Course Prefix**

HPE

**Course Number**

108

**Course Title**

Badminton

#### Course Information

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**Credit Hours**

1

**Lecture Contact Hours**

0.5

**Lab Contact Hours**

1.5

**Other Contact Hours**

0

**Catalog Description**

This co-educational activity includes instruction in the fundamental skills, rules, history and etiquette that govern badminton.

**Key Assessment**

This course does not contain a Key Assessment for any programs

**Prerequisites**

None

**Co-requisites**

None

**Grading Scheme**

Letter

## First Year Experience/Capstone Designation

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This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.

## SUNY General Education

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This course is designated as satisfying a requirement in the following SUNY Gen Ed category

None

## FLCC Values

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**Institutional Learning Outcomes Addressed by the Course**

Vitality

Inquiry

Perseverance

## Course Learning Outcomes

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**Course Learning Outcomes**

1. Describe fundamental concepts of badminton (eg. rules, history, terminology).
2. Demonstrate basic badminton skills.
3. Implement basic strategies in singles and doubles play.
4. Identify the wellness benefits of a life-time activity such as badminton.

## Outline of Topics Covered

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1. History and Associations
2. Rules
3. Types of equipment
4. Basic shots and footwork
5. Strategies for singles and doubles

## 6. Tournaments