



Syllabus

NUR 111 Health Concepts I

General Information

Date

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Author

Susan McCarthy

Department

Nursing

Course Prefix

NUR

Course Number

111

Course Title

Health Concepts I

Course Information

Credit Hours

6

Lecture Contact Hours

4

Lab Contact Hours

2

Other Contact Hours

0

Catalog Description

This course introduces foundational concepts of professional nursing to provide safe, patient-centered care. The student will focus on professional nursing role development in clinical judgment, communication, and interventions to provide safe patient-centered care to meet the basic needs across the lifespan.

Prerequisites

None

Co-requisites

BIO 171, MAT 115, PSY 100, ENG 101, NUR 112, and NUR 113

Grading Scheme

Letter

First Year Experience/Capstone Designation

This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

None

FLCC Values

Institutional Learning Outcomes Addressed by the Course

Course Learning Outcomes

Course Learning Outcomes

1. Utilize beginning clinical judgement skills to meet basic needs of patients across the lifespan.
2. Perform foundational psychomotor skills following professional nursing standards.
3. Provide basic safe patient centered care to individuals in a variety of healthcare settings.
4. Communicate effectively with patients and members of the nursing team to provide safe patient centered care.
5. Demonstrate professional nursing behaviors within established legal and ethical guidelines.

Program Affiliation

This course is not required as a core course in a program

Outline of Topics Covered

Concepts and Exemplars:

- Cognition - Alzheimer's Disease, Down Syndrome
- Comfort - Acute and Chronic Pain
- Elimination
- Fluid and Electrolyte Balance - Fluids
- Gas Exchange
- Health Promotion
- Immunity - Infection, Inflammation, Active/Passive Immunity
- Mobility
- Nutrition
- Perfusion
- Sensory Perception
- Culture and Spirituality
- Stress and Coping - Grief, Loss
- Tissue Integrity - Wound healing, Pressure Injury, Cellulitis, Psoriasis